

	PE	A1	A2	Sp1	Sp2	Su1	Su2						
Rec	Strand Focus	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills	Fundamental Movement Skills						
Gross motor skills - outdoor													
Y1	Strand Focus	Games Team games basic skills	Gymnastics	Games Throwing + catching	Dance	Games Dribbling + Kicking	Gymnastics	Games Racket skills	Dance	Games Batting skills	Healthy Heads	Games Team games	Athletics Field and track
Y2	Strand Focus	Games - Basic Skills Throwing + catching	Gymnastics	Games - Basic Skills Kicking skills	Dance	Games - Basic Skills Team games basic skills	Gymnastics	Eat Well to Stay Well	Dance	Healthy Heads	Athletics Track	Games Team games	Athletics Field
Y3	Strand Focus	OAA	Gymnastics	Inv games Rugby	Dance	Net wall games Badminton	Gymnastics	Inv games Netball	Dance	Net wall games Tennis	Healthy Heads	Striking + Fielding Games Rounders	Athletics Field and Track
Y4	Strand Focus	Healthy Heads	Gymnastics	Fit 2 go	Dance		Inv games - Hockey / Football		OAA		Net wall games Tennis	Striking + Fielding Games Cricket/Rounders	Athletics Field and Track
Y5	Strand Focus	Gymnastics	Inv games Netball	Healthy Heads	Dance	Net wall games Badminton	Swimming	OAA	Swimming	Swimming	Athletics Track	Striking + Fielding Games Cricket	Swimming
Y6	Strand Focus	Swimming	Gymnastics	Inv games Basketball	Swimming	Gymnastics	Inv games Hockey	Striking + Fielding Games Cricket	OAA - sessions to be incorporated elsewhere over year due to Healthy Heads	Net wall games Tennis	Athletics Track	Striking + Fielding Games rounders	Athletics Field